

# Developmental Milestone Checklist

## 12-18 Months Old

by: [Help My Baby Learn](#)



helpmybabylearn™

### Cognitive

- Places shapes into a shape sorter
- Places rings on a ring stack
- Places a circle and square into a puzzle
- Identifies 1 body part upon request (15-18 months)
- Nests 2-3 graduated sized cups
- Brings object from another room on request (15-18 months)
- May start to develop a “favorite color”
- Matches objects (15-18 months)
- Attention span increases

### Language/Communication

- Uses an expressive vocabulary of 3 words (15 months)
- Uses an expressive vocabulary of 10-15 words (18 months)
- Says “Uh-oh!”
- Says “No” meaningfully
- Reaches or points to desired objects while vocalizing
- Attempts to sing the tunes to songs

### Gross Motor

- Takes first steps!
- Walks around home independently
- “Walks fast” in an attempt to run
- Tosses a ball forward
- Walks into a ball in an attempt to kick
- Walks up and down stairs with 2 hands held

### Fine Motor

- Points to objects using index finger
- Scribbles side to side on a piece of paper
- Stacks a tower of 2-3 one-inch blocks

### Social

- Hands a toy to an adult upon request
- Imitates adult behavior
- Imitates doing housework
- Participates in reciprocal Ball Play

### Self-Care

- Bringing a spoon up to her mouth independently
- Drinking from a child size open cup with some spilling
- May pat at the diaper after she has eliminated
- Sleeps through the night
- Naps 1x/day

Additional Notes: